



**YOU** can help support local people battling cancer. Join the **Friends of the Hastings Cancer Trust** 😊

**How to get involved:**

- 😊 **volunteer** - make friends, have fun and enjoy the sense of reward that comes from helping others
- 😊 **run your own event** or take up a collection at work, with friends, or at your local community or sports club.

**All donations stay local**



Supporting local cancer patients and their carers

**Friends of the Hastings Cancer Trust** 😊

We are a group of volunteers who support the Trust and its vision, using our free **time, talents** and **ideas** to help raise funds, and support our local community.

**YOU** can help 😊

If you can help out, even in the smallest way, get in touch with us today.

*"Our role is simple, we link the generosity of the Hastings and Macleay communities with the needs of cancer patients and their carers."*



Contact details:

**Friends of the Hastings Cancer Trust** 😊

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E: friendsofhct@gmail.com

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